

# Prayer Resource for October: month of the Holy Rosary

**Prayer:** taken from the Roman Missal

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may, through the intercession of the Blessed Virgin Mary, by his Passion and Cross be brought to the glory of his Resurrection. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen

### **Mysteries of the Rosary:**

Joyful Mysteries of the Rosary

The Annunciation of the Lord to Mary The Visitation of Mary to Elizabeth The Nativity of our Lord Jesus Christ The Presentation of our Lord Finding Jesus in the Temple

#### Sorrowful Mysteries of the Rosary

The Agony of Jesus in the Garden
The Scourging at the Pillar
Jesus is crowned with Thorns
Jesus Carried the Cross
The Crucifixion of Jesus Christ

#### Glorious Mysteries of the Rosary

The Resurrection of Jesus Christ
The Ascension of Jesus to Heaven
The Decent of the Holy Spirit
The Assumption of Mary into Heaven
Mary is Crowned as Queen of Heaven

# Luminous Mysteries of the Rosary

The Baptism in the Jordan
The Wedding at Cana
The Proclamation of the Kingdom of God
The Transfiguration
The Institution of the Eucharist

## **Prayer from Pope Francis:**

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith. "Protectress of the Roman people, you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial. Help us, Mother of Divine Love, to conform ourselves to the

will of the Father and to do what Jesus tells us. For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection. Amen.

We fly to your protection, O Holy Mother of God; Do not despise our petitions in our necessities, but deliver us always from every danger, O Glorious and Blessed Virgin.

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.



more prayer resources are available here: www.dioceseofshrewsbury.org